

Unit 8 – The Resident’s Environment

Resource Materials/Activities/Notes

Suggested Instructional Resource Materials

- Video on bedmaking
- Facility policy for storage of food

Skill Performance Checklists

- 12. Making Closed Bed
- 13. Opening Closed Bed
- 14. Making Occupied Bed

Activities

- Have the class discuss things they have noticed elderly persons doing to keep warm.
- List some of the odors that residents, family members, and visitors might find offensive in a long-term care facility.
- Discuss the floors in your facility and consider the coverings as they relate to safety and cleanliness.
- Review your facility’s policy for keeping food in the resident’s room. Suggest ways to handle resident requests for special foods that aren’t served at the facility.
- Discuss the various bed positions and describe how to put the bed in each position.
- Discuss the operation of the beds in your facility. Compare gatch beds to electric beds.
- List the personal hygiene items that might be stored in the bedside stand.
- Have the class adjust beds to various positions and explore the bedside stand and cabinet so that they are familiar with these furnishings.
- Suggest the various uses for chairs in the resident’s unit.
- Explain how resident rooms are numbered in your facility.
- Demonstrate how the call signal is used in your facility.
- Discuss ways that furniture, equipment and personal items could be arranged to accommodate the resident.
- Have the class consider and list personal items the resident might bring to the facility.
- Review the way that the residents’ clothing is laundered and/or maintained in your facility.
- Discuss which aspects of cleaning are performed by the nurse aide and which are performed by by other facility staff.
- Review facility policy for linen changes.
- Review Unit 3: Infection Control, Guidelines for Handling Linen
- Practice disposing of soiled linen.
- Discuss the use of incontinence pads, foam pads and other pads that may be used for resident comfort and protection.